



# Global HELP

Knowledge saves children

August 2016



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of

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downloads

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titles

200+  
videos

35  
languages

190+  
countries  
reached



## New Book



### Primary Surgery Volume One: Non-Trauma

This book has established itself as the most used and most useful text for the medical practitioner in limited-resource settings who is obliged to manage surgical cases. It is specifically designed for those whose surgical experience is basic or minimal. It has extensive advice about pitfalls to avoid, and what to do when things go wrong.

Written in a simple style, particularly for those whose mother tongue is not English, this text incorporates advice from a myriad of experienced surgeons and focuses on procedures and management that can be performed in low- and middle- income areas without the latest technology.

*Since publishing it on global-help.org, Primary Surgery has been our fastest downloaded book to date, with nearly 300,000 downloads in under 3 months!*

## Pediatric Physician Finds An Ally In Global HELP

by Brad Chrisman

As an experienced pediatric rehab physician, Kerstin Sobus, M.D., knows that there are no quick remedies for children learning to cope with disabilities. Often, success is measured in small steps.

"I talk to parents about what it is going to take to make your kid as independent as possible so they are ready for kindergarten, then middle school, then high school, and so on," the Indianapolis-based doctor said. "That's how I look at it. You have to do what you can do."

Likewise, in her role as a volunteer on numerous trips to Haiti, Sobus has found that improving the quality of medical care on the Caribbean island can be a slow, deliberate process. But the key to long-term, sustained success, she believes, is helping local medical providers become as independent and self-sufficient as possible.

And in both places – environments as worlds-apart as Indiana and Haiti – she frequently turns to global-help.org as a source for free, high-quality, relevant information.

Sobus says she first learned about Global HELP several years ago when she was attending a medical conference on cerebral palsy. A colleague showed Sobus GHO's



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*When we teach people to help children in their own communities, we give them the tools to treat hundreds of children, and to change the lives of these children, their families, their countries, and the world.*



*story continued on page 2*

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comprehensive, illustrated book "The HELP Guide To Cerebral Palsy," and she was immediately impressed.

Sobus, who has participated in several medical missions to Haiti through an organization called Nehemiah Vision Ministries (NVM), immediately thought of the nurses who worked at the group's clinic in Chambrun.

"The next year a bunch of us were discussing what other materials were online and I found out that we have the Ponseti method available!" she says, referring to "Clubfoot: Ponseti Management," the popular Global HELP publication that has been translated into 30 languages, including Creole, the first language of most Haitians.

"It has been really helpful for the nurses that are down there in the trenches to have information at their fingertips," Sobus said.

On a human scale, the 7.0 magnitude earthquake that struck Haiti on January 12, 2010 was one of the most punishing natural disasters in recorded history. It is estimated that at least 220,000 people died and more than 300,000 were injured. Already cited as the poorest country in the Western Hemisphere, Haiti found itself at the center of a massive relief effort.



"We don't want to bring in Americans to run it," Sobus says. "We want Haitians to be the center. We'll bring in teams to help them learn, but we want it Haitian-run. We want Haitian nurses, Haitian doctors, everything Haitian." Global HELP has been an important part of that endeavor.

"Some of [the Global HELP information] that I've had them download, we leave it for the Haitian doctors that are there, and

that's been really helpful," she says. "Once the nurses knew that it was there, they would download it for the physicians."

Back home in Indianapolis, Sobus says that Global HELP materials have been especially useful in working with immigrant populations.

"In Indy, it's amazing how many refugees we have," she says. "I have some really good OTs (occupational therapists) who do serial casting and things, and every once in a while they get a patient and they say, 'I'm sorry, I just don't speak this language, and I don't know how to help them.'"

"I say, 'Remember, we have this really nice global system with all this information. They have the Ponseti method, they have things for cerebral palsy, they have things for spina bifida.' Lo and behold, we'll find what we want in a certain language."



"Some of the refugees come from very educated families. Others don't read," Sobus says. "But it's written in such a way that the translators can read it to them in their own language, and their eyes just light up." Global HELP is now creating a second edition of Paediatric Surgery: A Comprehensive Text for Africa.

The information that Global HELP provides is needed everywhere in the world - from Indianapolis to Haiti.



Global HELP

[www.global-help.org](http://www.global-help.org)



Pediatric Orthopaedic ACADEMY

[www.pedorthoacademy.org](http://www.pedorthoacademy.org)

Pediatric Orthopaedic Academy (POA) is a specialty sub-site of HELP designed with easy navigation to make free pediatric orthopaedic information more accessible worldwide.

[www.pedorthoacademy.org](http://www.pedorthoacademy.org)

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